

AMEU SPORTS DAY – 2 OCT 2022

Delegates: 60

Contact Person: Jacqui Burn - 083 2299750 - jburn@telkomsa.net

Date: Sunday 2 October 2022

Time: 14h00 – 16h00

Venue: Pirates Beach and Pirates Lifesaving Club

Facilitators: TBC

He will be accompanied by 3 other facilitators. They will arrive at 12h00 to set up.

Itinerary:

12h00 Beach and Bush Facilitators to arrive and set up for the event

13h00 Delegates arrive – beach picnic lunch handed out to delegates.

13h45 Lead facilitator to await the arrival of the delegates at the designated area.

14h00 Welcome and Introduction; indemnities signed; teams will be assigned, and face paints applied

14h15 Field Olympics Starts with War Cries

14h30 Escape Challenge starts in the Pirates lifesaving club

16h00 Field Olympics and Escape Challenge Ends with Prize Giving

Delegates will decide which activity they would like to take part in, either the Olympics outdoors or the Escape Challenge indoors.

Please note late arrival of more than 30mins will incur a penalty fee to cover facilitators overtime should they have to work later than scheduled.

OLYMPICS CHALLENGE

Teams

We will prepare for 6 teams. Teams will be randomly selected on the day depending on how many people take part.

Activities:

- War Cries
- Cricket
- Soccer
- Volleyball
- Frisbee Golf
- Tug OF War
- Limbo Dancing
- Relay Races

Dress Code:

Please wear comfortable clothing that you can play sport in. Please wear closed shoes / trainers. Please bring sun hats; sunscreen and sunglasses as it may be hot and sunny during the activities

Rain Plan:

We usually continue just with **ponchos** unless otherwise instructed. Or we can postpone given 48 hours' notice (or we can change to an indoor activity – should a conference room be available) We do also have the indoor challenge as an option.

Escape Challenge

Teams:

We will prepare for 6 teams. Teams will be randomly selected depending on how many people take part in this challenge.

Activity:

Each team will be presented with a box filled with clues and puzzles to solve to be able to find the location of where the Box Bomber will strike next.

Set up indoors:

We will need 6 tables set up in the conference room
Each team will get a box supplied by Beach and Bush
We will supply a projector and screen

Dress

Wear comfortable clothes (i.e. shorts and T – shirts)
Wear comfortable shoes that are easy to get on and off and that you can run in. (I would recommend **flat closed shoes**)
Bring sun hats; sunglasses and sunscreen as well as jackets in case it is chilly for the mid-morning / early afternoon.

Luggage:

Please keep belongings simple as you will take them along with you. The facilitators will be present but will not be responsible for your belongings.

Rain Plan:

As this is an indoor challenge the weather will not affect the event

Prize Giving:

Certificates and Medals will be awarded to each member of the winning team from each challenge.

Safety:

First Aid Kits will be provided
Indemnity Forms will be signed prior to the event
We advise that NO alcohol is consumed before or during this challenge
We advise that delegates who are pregnant/suffer with back injuries are selective as to which activities they participate in.
Beach and Bush facilitators have a level three in first aid

Covid Safety measures:

We will provide sanitizer for participants and to clean the equipment.

Participants are not required to wear masks but can do so if they are more comfortable.

Social Distancing is to be practiced where possible.

Meals and Drinks:

Beach and Bush have arranged a beach picnic to be handed out on arrival. This will include the following: 1 water, 1 muffin, 1 packet of chips, 1 chocolate, 1 soft drink, a roll with either chicken Mayo or cheese and tomato. If you can send through a preference or else we can make 30 of each.

This will be served on the beach. We will provide 2 Gazebos for delegates.

Venue:

We have booked the Pirates lifesaving club from 14h00 for the use for the afternoon for the Escape Challenge.

For any questions, please contact:

Leandra O’Gorman

031 266 9221 / 072 217 7806

THANKS 😊😊