



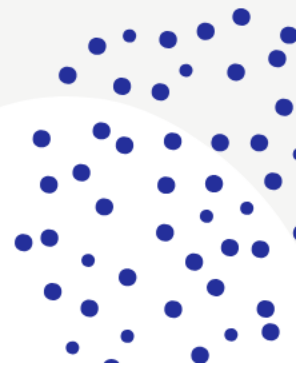
CSIR Soccer Field - Sunday 1st October 2023

AMEU AFFILIATES SPORTS DAY

- FIELD OLYMPICS
- CONSTRUCTION CHALLENGE
- GO KARTS

contact us : mpho@vdw.co.za

**11am - 3pm
Registration 10:30am**



Delegates: 60

Contact Person: Jacqui Burn jburn@telkomsa.net 083-229 9750

Date: Sunday 1 October 2023

Time: 11h00-15h00

Venue: CSIR Conference Centre – Booked by client – Soccer field
Meiring Naudé Rd, Brummeria, Pretoria

Facilitators: TBC

He will be accompanied by 3 other facilitators. They will arrive at 09h00 to set up.

Itinerary:

- 09h00 Beach and Bush Facilitators to arrive and set up for the event.
- 10h45 Lead facilitator to await the arrival of the delegates at the designated area.
- 11h00 Welcome and Introduction; indemnities signed; teams will be assigned, and face paints applied.
- 11h15 Field Olympics Starts with War Cries
- 13h00 Field Olympics Ends and Go-Kart Construction challenge starts.
- 15h00 Go-Kart Construction challenge ends with Prize Giving.

Please note late arrival of more than 30mins will incur a penalty fee to cover facilitators overtime should they have to work later than scheduled.

FIELD OLYMPICS CHALLENGE

Teams

60 Delegates

There will be 8 teams of 7/8 delegates in a team. Teams will be randomly selected on the day unless otherwise stated by client.

Activities:

- War Cries
- Cricket
- Soccer
- Volleyball
- Frisbee Golf
- Tug OF War
- Limbo Dancing

GO KART CONSTRUCTION CHALLENGE

Teams

The 60 delegates will be divided into 8 teams of 7/8 each. Teams can be allocated randomly on the day unless otherwise stated by the client.

Background and Objectives:

- Beach and Bush are to provide a Go-Kart Construction Challenge
- Go Karts will not only be constructed; but tested on a racecourse as well

Format:

- Our **Go-Kart Construction Challenge** is about crew and driver. Your teams' goal will be to build a custom concept car for a people-powered race.
- A Pit Crew Boss will need to be elected and a Theme for the car decided on.
- Blueprints will need to be designed and approved by facilitators.
- The completed cars are approximately 18" x 48" and hold a driver. Their lucky driver will wear the uniform (decorated by the team) for the big race: a race that will be team-powered!
- Team members will create and perform their very own "Champions' Chant".
- All concept cars must pass a safety inspection before they will be allowed to race.

Set – Up:

- Each team will be assigned a work area and allocated a range of equipment
- A technical track and a drag racing / relay track will be set up in the most suitable area available
- All equipment will be supplied by Beach and Bush

We will need from the venue:

- The Venue to please provide 8 tables, 1 per team
- 1 extra table for equipment

Dress Code:

Please wear comfortable clothing that you can play sport in. Please wear closed shoes / trainers. Please bring sun hats; sunscreen and sunglasses as it may be hot and sunny during the activities.

Rain Plan:

We usually continue just with **ponchos** unless otherwise instructed. Or we can postpone given 48 hours' notice (or we can change to an indoor activity – should a conference room be available). Go-Karts can also be built indoors if there is space and raced outdoors with ponchos.

Safety:

First Aid Kits will be provided.

Indemnity Forms will be signed prior to the event.

We advise that NO alcohol is consumed before or during this challenge.

We advise that delegates who are pregnant/suffer with back injuries are selective as to which activities they participate in.

Beach and Bush facilitators have a level three in first aid.

Covid Safety measures:

We will provide sanitizer for participants and to clean the equipment.

Participants are not required to wear masks but can do so if they are more comfortable.

Prize Giving:

Certificates and Medals will be awarded to each member of the winning team. The winning team is determined by the highest scores obtained over the activities.

Meals and Drinks:

Beach and Bush have not arranged any meals or drinks for this group. It is advised that delegates are provided with water for during the challenge.

For any questions, please contact:

Leandra O’Gorman

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